



Friday Bulletin
June 9, 2017

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Congratulations to Jacob Daubert! Jacob's poster for the "Follow Me, I Choose to Be Alcohol Free" was selected as the First Prize Winner in the 6th-8th Grade Division! Third Place went to Jaedon Wolfrum and Honorable Mention was awarded to Jaiden Bayer. The contest is an annual contest sponsored by the Coalition for Healthy and Safe Communities here in Warren County!

I want to thank our Eighth Grade students who traveled to Washington, D.C. this week for their excellent behavior on the trip. They represented Oxford well!

As you all probably know by now next week is our last week of school. This year has been another successful school year for our school! I will have the Spring newsletter ready in a few days and it will highlight the wonderful accomplishments of our students and our staff! All of the things that make me so very proud to be the Chief School Administrator at this awesome school!

Monday-Thursday are all 1:00 dismissal times! There is NO AFTER CARE on Thursday!

Have an awesome summer and best of luck to the Class of 2017!!

Till next time... R. Magnuson

COMMON SENSE FOR ANIMALS



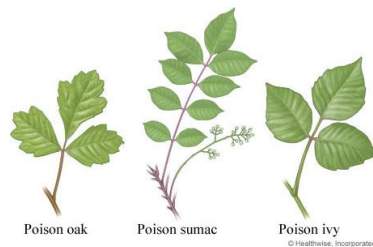
5K

Save the date Sunday, June 18th!!

Common Sense for Animals hosts its Annual Tri-county Double Play 5K/Run and Walk to benefit dogs/ puppies and over 100 cats/kittens rescued and awaiting adoption at CSA . The location of this popular event and major fundraiser is at the Lebanon Township Memorial Park, 70 Bunnvale Rd., Glen Gardner, NJ 08826. Bring your family members for the run/walk celebrate dad with food, entertainment and vendors. Recruit others to sponsor your effort to help raise \$50,000.

5K Run registration is at 8 AM the race begins at 9 AM. The Walk registration starts at 9 AM- 11AM the Walk is at 11 AM.

Sign-up online at www.common senseforanimals.org/walk-run-for-animals, also visit us on Facebook Common Sense for Animals or call 908-859-3060 and speak with Kent, Loren or Darlene.



NOTES FROM OUR NURSE.....

Recognizing Poison Ivy, Poison Oak, and Poison Sumac

- **Poison Ivy:** Found throughout the United States except Alaska, Hawaii, and parts of the West Coast. Can grow as a vine or small shrub trailing along the ground or climbing on low plants, trees and poles. Each leaf has three glossy leaflets, with smooth or toothed edges. Leaves are reddish in spring, green in summer, and yellow, orange, or red in fall. May have greenish-white flowers and whitish-yellow berries.
- **Poison Oak:** Grows as a low shrub in the Eastern and Southern United States, and in tall clumps or long vines on the Pacific Coast. Fuzzy green leaves in clusters of three are lobed or deeply toothed with rounded tips. May have yellow-white berries.
- **Poison Sumac:** Grows as a tall shrub or small tree in bogs or swamps in the Northeast, Midwest, and parts of the Southeast. Each leaf has clusters of seven to 13 smooth-edged leaflets. Leaves are orange in spring, green in summer, and yellow, orange, or red in fall. May have yellow-greenish flowers and whitish-green fruits hang in loose clusters.

Poison Plant Rashes Aren't Contagious

Poison ivy and other poison plant rashes can't be spread from person to person. But it is possible to pick up the rash from plant oil that may have stuck to clothing, pets, garden tools, and other items that have come in contact with these plants. The plant oil lingers (sometimes for years) on virtually any surface until it's washed off with water or rubbing alcohol.

The rash will occur only where the plant oil has touched the skin, so a person with poison ivy can't spread it on the body by scratching. It may seem like the rash is spreading if it appears over time instead of all at once. But this is either because the plant oil is absorbed at different rates on different parts of the body or because of repeated exposure to contaminated objects or plant oil trapped under the fingernails. Even if blisters break, the fluid in the blisters is not plant oil and cannot further spread the rash

Tips for Prevention

- Learn what [poison ivy, oak, and sumac plants look like](#) so you can avoid them ([watch our video](#)).
- Wash your garden tools and gloves regularly. If you think you may be working around poison ivy, wear long sleeves, long pants tucked into boots, and impermeable gloves.
- Wash your pet if it may have brushed up against poison ivy, oak, or sumac. Use pet shampoo and water while wearing rubber gloves, such as dishwashing gloves. Most pets are not sensitive to poison ivy, but the oil can stick to their fur and cause a reaction in someone who pets them.
- Wash your skin in soap and cool water as soon as possible if you come in contact with a poisonous plant. The sooner you cleanse the skin, the greater the chance that you can remove the plant oil or help prevent further spread.

Tips for Treatment

Don't scratch the blisters. Bacteria from under your fingernails can get into them and cause an infection. The rash, blisters, and itch normally disappear in several weeks without any treatment.

You can relieve the itch by:

- Using wet compresses or soaking in cool water.
- Applying over-the-counter (OTC) topical corticosteroid preparations or taking prescription oral corticosteroids.
- Applying topical OTC skin protectants, such as zinc acetate, zinc carbonate, zinc oxide, and calamine dry the oozing and weeping of poison ivy, poison oak, and poison sumac. Protectants such as baking soda or colloidal oatmeal relieve minor irritation and itching. Aluminum acetate is an astringent that relieves rash.

See a doctor if:

- You have a temperature over 100 degrees Fahrenheit.
- There is pus, soft yellow scabs, or tenderness on the rash.
- The itching gets worse or keeps you awake at night.
- The rash spreads to your eyes, mouth, genital area, or covers more than one-fourth of your skin area.
- The rash is not improving within a few weeks.
- The rash is widespread and severe.
- You have difficulty breathing.

Have a scratch-free summer!

This article appears on [the FDA's Consumer Updates page](#), which features the latest on all FDA-regulated products.

Upcoming events at OCS:

June 13, Field Day & Luau luncheon. 1:00 dismissal

June 13th 5:30 8th grade promotion

June 14th 1:00 dismissal

June 15th (No aftercare) 1:00 AWARDS ASSEMBLY, last day & 1:00 Dismissal

2017-2018

PRE-SCHOOL/PRE-KINDERGARTEN

There is still time to register for our Pre-School Pre-K program for the fall of 2017. Please call the main office or speak to Mrs. Halloran.



OXFORD CENTRAL SCHOOL 2016 YEARBOOK



ORDER YOUR YEARBOOK ONLINE TODAY!

Dear Parent/Guardian:

To make your yearbook purchase as easy as possible, we have partnered with Jostens, our yearbook printer, to create an at home ordering program. Ordering your yearbook from home is quick and convenient and it eliminates the need for your son/daughter to bring money to school.

To order your yearbook online by credit card, simply log on to:

www.jostensyearbooks.com

Simply search for Oxford Central School in New Jersey, then follow the on screen prompts!

Thank You!

Mrs. Carr & Mrs. Drechsel
Yearbook Advisors

ON SALE NOW!

\$25.00

May, 2017

OXFORD CENTRAL SCHOOL
ARCHERY TEAM INFORMATION
Attention Parents of Students Currently
in Grades 5, 6 and 7

According to the state of New Jersey as documented in N.J.A.C. 6A: 16-2.2(h)1, a physical examination is required for students enrolled in grades six to 12, prior to participation on a school-sponsored interscholastic or intramural athletic team or squad. This physical must indicate that your child is cleared to participate in this activity. It must also be reviewed and signed by Dr. Fritz (OCS School Physician). Review of a pamphlet about sudden cardiac death must also be done. All these requirements must be completed **before** your child can participate in any way. This includes before and after school "Open Gyms" for archery. Dr. Fritz must review the paperwork during a scheduled day at school and clear your child for participation.

If your child plans to **try out, practice or participate** with the Oxford Central School Archery Team in the 2017-2018 school year, please contact me so that I can place your child's name on the archery interest list. This also applies to students who participated in the program during the current school year.

Therefore, if you believe there is a chance your child wants to participate in the archery team process, you must contact Mrs. Svercauski by Friday, June 2, 2017 for instructions—908-453-4101 Ext. 2106 or bsvercauski@oxfordcentral.org.

Thank You
Mrs. Svercauski
OCS School Nurse

An Important Reminder to Parents/Guardians of Incoming Sixth Grade Students for 2017-2018 School Year

New Jersey State Code 8:57-4 mandates the following immunization requirements for students entering 6th grade in the fall of 2017:

Tdap: Every child born on or after January 1, 1997 and entering grade 6 shall have received one dose of Tdap given no earlier than the 10th birthday.

Meningococcal Vaccine: Every child born on or after January 1, 1997 and entering grade 6 shall have received one dose of Meningococcal vaccine.

Please contact your child's health care provider to arrange for the completion of these vaccine requirements. Submit all completed physician initiated immunization records to me at the school.

This requirement must be completed as soon as possible as the Health Department will be visiting the school to audit these immunization records in the fall.

To access any further information on NJAC 8:57-4 or these immunization requirements, go to the following sites:

<http://www.nj.gov/health/cd/chap14.pdf>

<http://www.state.nj.us/education/students/safety/health/cdpr/vaccine.pdf>

Thank you,
Barbara Svercauski RN
908-453-4101 Ext 2106
bsvercauski@oxfordcentral.org

FAMILY

Nearly 5 million people are treated for skin cancer each year in the United States. Skin cancer can be serious, expensive, and sometimes even deadly. Fortunately, most skin cancers can be prevented.



PROTECT YOUR FAMILY FROM SKIN CANCER



Ultraviolet (UV) rays—from the sun or from artificial sources like tanning beds—are known to cause skin cancer.



Damage from exposure to UV rays builds up over time, so sun protection should start at an early age.

PROTECT YOUR FAMILY AND YOURSELF FROM SKIN CANCER

STAY SUN SAFE OUTDOORS



Seek shade, especially during midday hours. This includes 10 am to 4 pm, March through October, and 9 am to 3 pm, November through February. Umbrellas, trees, or other shelters can provide relief from the sun.



Be extra careful around surfaces that reflect the sun's rays, like snow, sand, water, and concrete.



Wear sun protection gear like a hat with a wide brim and sunglasses to protect your face and eyes.



Sunglasses protect your eyes from UV rays and reduce the risk of cataracts and other eye problems. Wrap-around sunglasses that block both UVA and UVB rays offer the best protection by blocking UV rays from the side.



Wear a long-sleeved shirt and pants or a long skirt for additional protection when possible. If that's not practical, try wearing a T-shirt or a beach cover-up.



Apply a thick layer of broad spectrum sunscreen with an SPF of 15 or higher at least 15 minutes before going outside, even on cloudy or overcast days. Reapply sunscreen at least every 2 hours and after swimming, sweating, or toweling off.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



Build a Better World

Warren County Library Summer Reading Program

June 19 – August 12

Children who participate in summer reading programs keep their minds active and enter school in the fall ready to learn and ready to succeed. This year's theme, "Build a Better World," encompasses a wide variety of topics and programs designed to keep children reading and learning all summer. In addition to reading to earn prizes, activities this year include magic shows, music, maker programs, STEM activities, live animal presentations, movies, games, and much more!

Remember, you are your child's first teacher. Read to your children and ask them to read to you. Share picture books with younger children who are not yet reading and point out people, animals, and objects in the pictures. Library staff will be happy to help you find books that are just right. We hope that you and your family enjoy looking at books and reading together and that you discover the treasures of your library. The summer reading program is for everyone, infant through adult. Sign up for the summer reading program at any of our four locations beginning June 19th. We hope to see you at the library throughout the summer!

For a full listing of events at the library, stop in at any Warren County Library branch or see the calendar of events on our web site, www.warrenlib.org.



WARREN COUNTY LIBRARY



Win This HARLEY!



2017 Harley-Davidson FLHX
STREET GLIDE

\$20 PER TICKET

IN BLACK DENIM
MSRP \$21,499

3000
TICKETS WILL BE SOLD!



Drawing Will Be Held on
Saturday, September 30, 2017

RAIN DATE: 10/7/2017
MORE DETAILS TO FOLLOW

FOR MORE INFO: CONTACT OXFORD FIRE DEPT. 908.453.2720

PROVIDED & SUPPORTED BY:



Exit 12 Route 80 Hope, NJ • 908.459.4101 • TramontinHD.com

No substitution of the offered prize. Winner is responsible for all federal tax, sales tax, dealer prep and set up prior to the acceptance of the prize.

NORWESCAP Family Success Center

2nd Wednesday of Every Month

Time: 6:00-7:30pm



A local Autism support group has come to the Phillipsburg community. Light refreshments will be served and childcare will be available, if pre-arranged. The dates are: **9/14/16, 10/12/16, 11/9/16, 12/14/16, 1/11/17 & 2/8/17, 3/8/17, 4/12/17 and 5/10/17.**

Come join this group that is a social outlet for many parents and caregivers. It will be facilitated by Kelly Milazzo of the Greenwich Autism Alliance and Vickie Mendes-Branch of Branching Out Foundation, Inc. The Alliance and Foundation promotes autism awareness, inclusion and support in the community, and strive to bring services and resources to those families who are impacted by Autism.



Branching Out Foundation, Inc.

**Early Childhood Learning Center
459 Center Street
Located in the Cafetorium**



Please call Nicole at 908-454-3400 x3086 or email at smithn@norwescap.org to reserve your spot.



